

Message For October 30, 2016

What can a Righteous Person do?

Psalm 46:1-3, 10 GOD'S WORD Translation (GW)

- ¹ God is our refuge and strength,
an ever-present help in times of trouble.**
- ² That is why we are not afraid
even when the earth quakes
or the mountains topple into the depths of the sea.**
- ³ Water roars and foams,
and mountains shake at the surging waves. Selah**
- ¹⁰ Let go of your concerns!
Then you will know that I am God.
I rule the nations.
I rule the earth.**

Do you suffer from (ESD) Election Stress Disorder? ESD is a newly labeled psychological disorder. Your campaign obsession is part of a psychological epidemic — and it may be hurting your health

Political anxiety and fear used to be a health problem only in the developing world — now it's rampant in the U.S.

The Bible has a lot to say not only about (ESD) but everything we find ourselves facing in our nation and in our private lives.

Psalm 11:3 GOD'S WORD Translation (GW)

- ³ When the foundations of life are undermined,
what can a righteous person do?"**

The Bible offers the right antidote.

I know there are those who do not vote in any election. I don't believe that not voting is even an option. As Christians we should be informed of the issues and of the candidate's position.

If we look at Joseph in Egypt we see a man of God who was appointed to the second highest office in the land of a godless nation.

God promoted Daniel to ruler over all the province of Babylon.

David was called and anointed as king over Israel.

These righteous men fulfilled their calling and were political leaders.

Jesus refused to overthrow Rome and hold a political office. His calling was not political but to "seek and save the lost".

In the last newsletter I suggested that every Christian do three things on November 8th.

You pray... you vote... and then you pray like you're counting on God.

Jesus tells us NOT to worry about: our life

Proverbs tells us to "trust in the Lord with everything we got"

Anxiety only weights down the heart.

Paul reminds us in Philippians "not to be anxious about anything"

Jesus says: "who of you by worrying can add a single hour to your life" and if you are anxious, or worried, come to Me, I'll give you rest.

I have come to give you peace, now let it rule in your hearts.

And give Me your cares, because I really do care about you.

Put these promises in your mind and in your heart. Own them. Take them with you. They are meant for you.

God gave us promises that we can rely on when we need hope and comfort and peace. These promises reveal to us the heart of our Father and His love for His children.

When we are imagining worst case scenarios, we forget that our loving Father holds us near to His heart.

For most this all sounds right, but how do you get from insight to application?

God is not a manipulator, He gives us choices.

So choose to trust that God is bigger, smarter and more loving than you can even imagine.

God always keeps His promises, Read and reread them. They are for you. Fill your mind with them.

But Choose: Proverbs 3 tells us to:

**⁵Trust in the LORD with all your heart;
do not depend on your own understanding.**

**⁶Seek His will in all you do,
and He will show you which path to take.**

Proverbs 3:5-6 New Living Translation (NLT)

We are to resist the temptation to worship the problem. There is a word for that, it's called idolatry.

Of course we are to be informed and to be concerned over issues that affect this country. But to worry or be stressed out or anxious is misplaced time and energy.

So when the apostle Peter commands us to “Cast all our Cares on Him”, he means all our cares that create havoc in our lives.

1 Peter 5:7 New Living Translation (NLT)

⁷Give all your worries and cares to God, for he cares about you.

The next thing we want to do is to regain our joy and peace. We do that by putting our focus on the Lord.

The word that comes to mind is “Worship” Begin to worship Him.

Remind yourself of who He is and what He has done.

To do that we will need to focus on God's ability and not the overwhelming problems, fears, anxiety, stress or elections.

The Psalmist writes in Psalm 121:

Psalm 121:1-3 New Living Translation (NLT)

**¹ I look up to the mountains—
does my help come from there?**

**² My help comes from the LORD,
who made heaven and earth!**

**³ He will not let you stumble;
the one who watches over you will not slumber.**

Lastly, thank Him and then let Him take care of it.

Philippians 4:6 New Living Translation (NLT)

⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.

**Because we are forgiven
reconciled
rescued
redeemed
bought with a price
known by God and chosen by God
justified, sanctified and accepted
We are saved
alive
free
secure and sealed for that day.**

REMEMBER WHO YOU ARE, AND TO WHOM YOU BELONG.

AMEN